

Life Stages for Male Sufferers of Platelet Disorders

What are the main stages for a male sufferer of a platelet disorder?

- Men who have platelet disorders can have their daily lives affected in many different ways.
 The degree of impact is dependent on the specific disorder and the individual's other medical history and lifestyle.
- For some men, the platelet disorder is not diagnosed until there is an episode of injury or the need for surgery or dental work.
- o For boys in their younger years, suffering from a platelet disorder can sometimes impact their daily life as normal playground activities can cause bruising and bleeding. In severe platelet disorders there is a small risk of serious bleeding after trauma, particularly after head injury. In later years, any contact sports can also pose an issue, as injury could cause excessive bleeding and bruising. Specific advice on what can safely be undertaken should be sought from a Consultant Haematologist.
- If a surgical or dental procedure is required in a male with a platelet disorder, a plan for the
 procedure should be formulated with the Consultant Haematologist who is responsible for
 the care of the person with the platelet disorder.

The Platelet Society 2018

